

ANNEXURE-B2
MPED Physical Fitness Test
PERFORMANCE CONVERSION TABLE

50 METERS SPRINT

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
5.7 and Below	100	8.6	38	6.7 and Below	100	9.6	38
5.8	97	8.7	37	6.8	97	9.7	37
5.9	95	8.8	36	6.9	95	9.8	36
6.0	93	8.9	35	7.0	93	9.9	35
6.1	90	9	34	7.1	90	10	34
6.2	87	9.1	33	7.2	87	10.1	33
6.3	85	9.2	32	7.3	85	10.2	32
6.4	83	9.3	31	7.4	83	10.3	31
6.5	80	9.4	30	7.5	80	10.4	30
6.6	77	9.5	29	7.6	77	10.5	29
6.7	75	9.6	28	7.7	75	10.6	28
6.8	73	9.7	27	7.8	73	10.7	27
6.9	70	9.8	26	7.9	70	10.8	26
7.0	68	9.9	25	8.0	68	10.9	25
7.1	66	10	24	8.1	66	11	24
7.2	64	10.1	23	8.2	64	11.1	23
7.3	62	10.2	22	8.3	62	11.2	22
7.4	60	10.3	21	8.4	60	11.3	21
7.5	58	10.4	20	8.5	58	11.4	20
7.6	56	10.5	19	8.6	56	11.5	19
7.7	54	10.6	18	8.7	54	11.6	18
7.8	52	10.7	17	8.8	52	11.7	17
7.9	50	10.8	16	8.9	50	11.8	16
8.0	48	10.9	15	9.0	48	11.9	15
8.1	46	11	14	9.1	46	12	14
8.2	44	11.1	13	9.2	44	12.1	13
8.3	42	11.2	12	9.3	42	12.2	12
8.4	40	11.3	11	9.4	40	12.3	11
8.5	39	11.4 and above	10	9.5	39	12.4 and above	10

(Co-ordinator)
M.P.Ed. Admission-2018
U.O.A. Allahabad

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CHAIRMAN
M.P.Ed Admission-2018
U.O.A. Allahabad